## Can we have a



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To

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## Can We Have a Heart-To-Smart Phone?

My purpose for the day is:
My intention for the day is:
What distracts me is:
What about me and/or what I do works:
What about me and/or what I do that I would like to change or improve:
What support do I need and from whom do I need it:

Some things never change for making things work!
1. Our thoughts and our speaking create our experience.
2. If you want to be heard, you must listen first!
3. Respect vs. Agreement
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4. Focus on what you want
5. The attitude of gratitude